

A new year of growth and commitment

We began 2019 at Unity of East Louisville on January 6 with our traditional White Stone Service, where we each listened for the voice of Spirit to call us to our Greater Good for the coming year.

That same day, we gathered for a CommUnity meeting to vote on changes to our bylaws and to hear about the upcoming elections for our UEL Board of Trustees on March 17.

Looking back at 2018, it's easy to see what a year of challenges and accomplishment we met. We experienced a surge in attendance, embracing the many congregants who returned to UEL. The council members led the process to keep our Sunday services intact and support the new momentum. We welcomed new speakers, including Rev. Scott DeMarco, Dr. LaVena Wilkin, Jane Smith, Sandra Higgins-Smith and Elaine Wood.

In September, Rev. Valerie Mansfield joined us to serve as "ministry consultant" and to guide the council in its transformation to an elected board of trustees for compliance with Unity Worldwide Ministries guidelines and Kentucky corporate law. She has also worked to establish operational policies and procedures, as well as to create flowing, consistent Sunday services.

Kathy Schmidlin took on the task of coordinating our Spiritual Education and Enrichment, which resulted in



numerous classes and workshops being offered.

We now have an energetic Church Ladies Luncheon each month. Carol Cloud moved our Lending Library upstairs, next to the Bookstore, where it is now a much-utilized resource. Fran Mitchum created and orchestrates our Name Tag Sundays. Mounds of junk have been removed from our church office, storage areas and closets (much better energy flow). We revived our Giving Thanks Potluck and participation in the EACM Christmas Store. Our new monthly *Spirit* newsletter has print and digital versions! And the list goes on...

Our CommUnity Meeting was held on Sunday, January 6.

Chris Mattingly took advantage of our new Name Tag Sunday project.



New year, new opportunities...

For 2019? Our five-week series, "Life Abundant," has created new energy to embrace the principles and practices of prosperity. Everyone is invited to join our **UPS (Unlimited Prosperity Source) Manifestation Team**. Of course, a commitment is required for maximum results. For three months, each participant agrees to: 1) Study the Prosperity Principles and implement them into your life (including tithing); 2) Hold the VISION and INTENTION of a Life Abundant (wellness/perfect health, loving relationships, meaningful work/

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New year

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activity, financial freedom, peace, joy and FUN) for your life, UEL and every member of our spiritual community; 3) Attend Sunday service at UEL at least two times a month; 4) Participate in a monthly UPS Manifestation Team gathering for discussion, book study or a workshop, and; 5) Dwell in POSSIBILITY and GRATITUDE!!!

If you'd like to be a part of the **UPS Manifestation Team**, fill out the form in your bulletin and put it in the offering bag or give it to **Elaine Wood**. She will lead this fun group to call forth "lavish abundance" for our church community and each other. Questions, see Elaine or e-mail her at elainecw27@gmail.com.

With so many requests, Elaine also created a prosperity reading list:

Charles Fillmore

- Prosperity (free PDF download - <https://www.truthunity.net/books/charles-fillmore-prosperity>)

Catherine Ponder

- Open Your Mind to Prosperity
- Open Your Mind to Receive
- The Dynamic Laws of Prosperity
- Secrets of Unlimited Prosperity
- Pray and Grow Rich

Edwene Gaines

- The Four Spiritual Principles of Prosperity

Johh Randolf Price

- The Abundance Book

Remember, we have lots of **Love In Action Volunteer** opportunities. The list of LIA teams and sign-up sheets are in the back of the sanctuary. Whatever you gifts, skills and time constraints, there's a team that needs you! What speaks to your heart?

As we look to this new year, there are a few things you can do to ensure the ongoing growth and viability of UEL:

1) **Invite someone to UEL.** The latest research says that the majority of American see themselves as "spiritual, not religious," which makes UNITY the perfect spiritual community.

2) **Tithe.** Not only does tithing support our church, it affirms to Spirit that you are grateful for your blessings and give freely in love.

3) **Participate.** Make a commitment to attend on Sundays. Join in one of the classes or book study groups. Volunteer. The benefits of involvement in your spiritual community can be measured only by your joy and new level of consciousness.

4) **Hold the vision** of our abundant, joy-filled church as a Light to our community!

It's going to be an exciting, fun year at UEL - more activities, more opportunities for deeper spiritual growth, more ways to develop and serve.

Church Ladies Luncheon



Join the UEL gals for lunch...

Tuesday,

February 19, 2019

12:00 noon

New location:

Mitchell's Fish Market

The Paddock Shops
(formerly The Summit) Brownsboro Road
(between N. Hurstbourne Pkwy and the
Gene Snyder)

If you'd like to join us, please sign up at church, or e-mail Elaine at elainecw27@gmail.com.

What's better than a bowl of yummy hot soup on a cold winter evening?

Sharing it with your UEL friends!

Would you host a small soup/salad potluck at your home in February or March?

The host picks the date, sets the number of attendees and provides the soup and beverages -- the guests bring the rest: salad, bread, cheese, dessert - your choice!

Host sign-up sheet in back of the sanctuary or see Elaine.



Sunday, March 17 Annual Meeting

UEL Members will vote to elect three new members (and possibly an alternate) to our Board of Trustees. Everyone is welcome to attend the meeting, but only active members may vote. More information upcoming as to the candidates, location and lunch plans!



She IS Love In Action!

She was led to Unity by her "sweetheart," Bob, back in the late 1990s. Bob, who had just moved here from Naples, FL, took her to Unity of Louisville, but they soon found the Center for Dynamic Living, which would become Unity of Middletown and eventually, UEL. Her first introduction to New Thought was the book, *Your Sacred Self*, by Wayne Dyer, which Bob gave her.

Of course, we're talking about our own **LaVena Wilkin**. She and Bob have been part of Unity of East Louisville since October 2002.

LaVena serves on the Board of Directors, and subs on the Ushers and Greeters team. She also platforms on Sunday mornings and has given three Sunday talks. LaVena has also offered a workshop on forgiveness and one on conflict management. "It takes us all working together to keep our spiritual community vibrant and strong," she stressed.

A Louisville native, LaVena has a large family (her mom is one of ten children), that includes "awesome aunts, uncles, and cousins" who have supported her and attended her Sunday talks. "My mom has always been one of my greatest supporters, she noted, "and I adore my nieces and nephews and my great-nieces and great-nephews." LaVena is very close to her three sisters and brother, though only her brother still lives here.

Having spent 26 years in the construction industry (three years as a co-owner of a successful commercial and industrial masonry contracting company), LaVena found her life's passion when she started teaching as an adjunct at Sullivan University. So she sold the business and began a new career at SU, where she has served in various roles, including associate director of the Evening and Weekend Division, dean of the College of Business, and dean of Conflict Management Programs. Five years ago, she was promoted to director of the PhD and Graduate Management programs. "I am one of the lucky ones



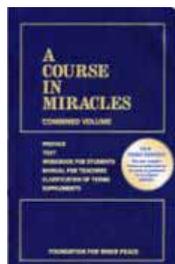
who never looks forward to Friday or dreads Mondays," she emphasized.

She and Bob and eat out for fun. Friday Night Date each week is their time to set everything aside and just spend time together. They love local restaurants, and enjoy trying new places. LaVena also loves spending time with her family, playing tennis, and reading.

She says that people might be surprised to know that growing up, she was a shy bookworm - so shy that the thought of public speaking was terrifying. Rather than take the required Public Speaking class, she considered not finish her undergraduate degree. Of course, she overcame the fear, and when she graduated with her MBA, LaVena give the "Students Greetings to the Graduates" in front of about 400 people. "It was one of my first 'ah ha' moments that we can do anything we set our minds to do," she explained.

Thank you, LaVena, for blessing us with your presence, your talents and your smiles!

Want to know more about A Course In Miracles? Study Group



Thursdays
6:30 pm - 8:00 pm

Facilitated by
Nelda Ramey

Metaphysics

Workshop

Sunday, February 17
1:00 - 3:00 pm

Facilitated by Rev. Valerie Mansfield

Want to know more about Metaphysics?

Join us as we explore the fundamental principles of Spiritual Law and how we can apply them to our everyday living. These Truths assist us in raising our consciousness to greater love, health, relationships and prosperity. **Please bring a snack to share. Sign up sheet in back of sanctuary.**

Though our Sunday, January 20 service was cancelled due to the weather, our operating expenses continued. Please remember to "make up" your tithe/offering for that day. Each gift is needed and appreciated!

Mickey and Rebecca Geracitano invite you to a



Crystal Bowl Meditation

Friday, February 22
7:00 - 8:00 pm

Please gather in the sanctuary at 6:30 to create a sacred space of peace and loving intentions. Offered on a Love Offering basis.

Moving forward in light and love



This month, we continue to live from the flow of abundance. We set our attention on the idea of what we want to manifest in this moment. This flow of intention allows us to balance all areas of life: health, relationships, prosperity, etc. The unfolding of peace from within creates in our outer life.

Later this month, we will begin walking through the metaphysics of the Beatitudes. What is metaphysics? Metaphysics is based on Plato's idealism philosophy, centered in spiritualism as Mind, Idea and Expression. Mind is God the all-powerful, all knowing, everywhere present force in the universe that creates and emits Divine Ideas. Idea is the true and perfect nature of all things. The Divine Idea of each individual is the Christ Idea, the perfect essence of the Christ. Expression is the idea manifested in the physical form. Our work comes through the human mind connection with the God-mind, Oneness. In the Beatitudes, Jesus walks us through raising our human consciousness to the higher vibration of the spiritual consciousness. Affirm, "I hear the voice of God within me and I am exalted."

Blessing and Joy,

Rev. Valerie Mansfield
Ministry Advisor

Spirit

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For questions or to provide information, please contact Elaine Wood at elainecw27@gmail.com

Go deeper...!

February 3

Speaker: Rev. Valerie Mansfield
"Living with a Grateful Heart"

A grateful mind is a great mind which eventually attracts to itself great things.
Plato.

As we contemplate life from the highest point of view with the awareness of Oneness and Truth we realize the ever-presence of substance. Be thankful for the abundant presence everywhere.

February 10

Speaker: Rev. Ray Nelson
"Living in the Flow"

Living in the flow requires living using the universal law of compensation: Give and you receive. A new level of understanding of the giving consciousness leads to a happier, prosperous life. What are you awaiting to experience and unfold for you, your family and community?

Beatitudes Series begins

February 17

Speaker: Rev. Valerie Mansfield
"Blessed and Be Blessed"

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

February 24

Speaker: Elaine Wood
"Our True Inheritance"

Blessed are the meek, for they will inherit the land.

March 3

Speaker: Rev. Valerie Mansfield
"What Life Embraces"

Blessed are they who mourn, for they will be comforted.

March 10

Rev. Scott DeMarco
"Loyalty to Convictions"

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

March 17

Speaker: Rev. Valerie Mansfield
"Human Expectations"

Blessed are the merciful, for they will be shown mercy

March 24

Speaker: Elaine Wood
"Purity in Heart and Life"

Blessed are the clean of heart, for they will see God.

March 31

Speaker: Troubadours of Divine Bliss
"Love is the Only Way"

Blessed are the peacemakers, for they will be called children of God.

Sweets for your sweetie!



Our February cake "raffle" ...

**STRAWBERRY CAKE with
CREME CHEESE ICING!**

Tickets available starting February 3.

Drawing will be held on Sunday, February 24. You - or your ticket - must be present to win.

Tickets:

**1.00 ea/6 for \$5.00/13 for \$10.00
See Elaine or Bruce.**

Proceeds of this and the next three cakes will go toward the purchase of a video camera/battery charger/etc., so we can record and post our Sunday services on Facebook and YouTube. The cost for this technology is about \$600.